

Sierra Dance Camp

What to bring to camp

We are in the Sierra Mountains that means the weather is ever changing. Bring layers. It is warmer during the workout, cooler when we are working on technique.

Clothing should be casual and suited for the morning workout. You want to be comfortable and be able to move, sit on the floor, and not care if you get Truckee mud or dog hair on your pants! Pack as light as possible, if needed we always have a washer and dryer.

Shoes. You will need a pair of

tennis shoes in the summer for outdoor activities. In the Winter I will let you know ahead of time if you need outdoor snow boots. Dance shoes for the Men: Ballroom shoes and Latin shoes. Dance shoes for the woman: Practice shoes (preferably canvas), Latin Heels, Ballroom Heels.

Occasionally instead of practicing and dancing here, the energy moves to Reno for the Saturday night Never Enough Ballrooms dance. Make sure you have appropriate clothes if you wish to participate in the outing. Some folks stay, some folks go, so the

choice is yours. There are times most have to finish work from there jobs, and the dinning room is filled with laptops and keys clicking on Saturday nights, and others are practicing and dancing, or watching dance video's in the ballroom.



Arrival times & Camp Schedule

Most people who have a bit of a drive arrive late Friday night so they can sleep and be fresh Saturday morning. These are the night owls who would never make it up in the morning to make a 5am departure.

Locals and morning people usually arrive Saturday morning by 8:30. Camp begins at 9am on Saturday. We do shorter breaks on Saturday, and lunch is at about 1pm. The program ends at 6PM.



Dinner is between 7pm and 8pm. Sunday begins at 8AM, Lunch is at 12 PM and we finish at 6PM.

Confirming arrival times is very important. It allows me to have the sleeping arrangements made ahead of time, especially for Friday night. Depending on the numbers, the gentleman use the ballroom for their dorm, and the ladies are in the guest room. There are beds and linens, but some just bring a sleeping bag to make life faster and easier as we need to return the dorm to the ballroom in the mornings.

Meals, snacks, juices, coffee and teas, and bottled water are readily available. I do not serve carbonated beverages.

Towels, soaps, shampoos, conditioners and hairdryers, are also here for your convenience.

If you have any questions do not hesitate to e-mail or call. Beginning Thursday I keep the e-mail going to keep everyone updated.

Have a safe journey, and call if your arrival time changes.

Jeffrey Lynn
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